

M. A. C. S. A. C.

Maryland Association of Christian Schools
Athletic Conference

Handbook 2023-2024



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MACSAC Statement of Philosophy for Christian School Athletics

“And if a man also strive for masteries, yet is he not crowned, except he strive lawfully.” (II Tim 2:5)

The inspired writers of Scripture leave no doubt that athletics were a part of the context in which they lived. References to sport, physical training, and competition suggest that they are not off-limits to followers of Christ. References to boxing, training, wrestling, and running a race confirm that athletics are legitimate in a Christian’s life. Paul acknowledged in I Timothy 4:8 that there is, indeed, profit from bodily exercise. He then reminds believers that bodily exercise, like other areas of life, pales in comparison to godliness. The believer’s body is the temple of the Holy Ghost, and bodily exercise, properly undertaken, IS an exercise in godliness. Physical conditioning for God’s glory, for health and development as “good soldiers of Jesus Christ,” and not for sensuality or show, is a spiritual exercise.

As the Christian school movement developed in the 20th century, athletic programs became part of most school programs. Those entrusted with the oversight of Christian school athletics have great influence on a highly visible aspect of the ministry. This includes the Christian school administrator, athletic director, and coaching staff. When a school offers intramural or interscholastic athletics participation to its students, it embraces a process that may serve to be a great blessing and useful tool of instruction. Often overlooked and/or neglected, however, are the perils that are ever-present in the realm of athletics. Following are a few of those perils:

- We reside in a sports-dominated society. Consider how much our conversation, television viewing, radio listening, and reading are related to sports. October focuses attention upon the World Series. From September through February, professional football dominates Sunday afternoons and Monday nights. Have you heard the expression “March Madness,” a time when collegiate basketball consumes most of America’s attention? Every two years, the whole world watches as elite athletes from many nations compete in summer or winter Olympics. These examples only begin to reveal the influence of sports and athletics on our culture. Over-emphasis is a continual peril to be avoided.
- Another danger of athletics is acceptance of the world’s norm in areas of attitude and behavior. Consider items that have become the norm in modern athletic competition.
 - Spectators question, criticize, and taunt officials, umpires, and referees. Taunting and hazing an opponent before, during, and after the performance has become part of the sport.
 - Players transgress established rules and it is deemed acceptable, as long as those officiating the game do not see the infraction or enforce the rule. It is often acceptable for a player to retaliate against an opponent if the other engaged first, and abusive body language or speech against a referee is expected if a call is not favorable.
 - Coaches are expected to “work” the officials in an effort to sway their judgment. Winning is everything, and that end justifies the means. Temper tantrums directed toward officials are deemed not only permissible, but necessary in certain circumstances.

To various degrees these behaviors and attitudes are accepted within modern sports and athletics. These professional and collegiate models “trickle down” into youth sports programs of all ages.

From this list of “normal” attitudes and behaviors, what can the Christian school administrator, athletic director, or coach accept? If we are to scrutinize our actions and attitudes in the light of biblical principle, the answer should be clear. The Christian cannot accept any of these!

Christian school leaders speak much of testimony and of being light in a dark world. Yet, too often Christian school athletics harm the cause of Christ and are far from being light to a dark world. Lip service is easy, but holding our athletic programs to biblical standards is hard work. Diligence and discernment must characterize those who administer sports programs.

What then is a biblical philosophy of athletics in the Christian school? At the foundational level Christian schools should recognize that sports programs are a means to an end and not an end in itself. Athletics is a tool by which many valuable lessons can be taught. Lessons include self-control in adversity, the value of hard work and practice, sportsmanship regardless of circumstance, consideration of opponents, and respect for authority. These opportunities for learning far exceed the importance of a winning season or league championship. “Athletes first, winning second” should be the mode of operation for every coach. Recognizing that each athlete is a multi-faceted individual who needs not only physical development, but spiritual, emotional, social, and mental, as well.

“Humble winning and gracious losing” should characterize the Christian school athletic team at the end of every contest. There is no room for pragmatism (whatever works, use it). Blatant or subtle breaking of rules to gain an advantage over an opponent is not striving lawfully. Officials, referees, and umpires are the designated authority over the athletic contest. Our response to their authority and decisions should look and sound no differently than what a student response should be to a teacher or a child’s response should be to a parent. Expressions of criticism and displeasure (verbal or body language) directed toward the officials/referees are expressions of disrespect and insubordination towards authority. Christian school athletic programs must have integrity and principle regarding what is right.

It is essential that adolescent energies be channeled into wholesome recreational development activities. This done “all to the glory of God” has a necessary place in the lives of Christians. Regrettably, the passion of the moment and desire to win often obscure the “big picture.” Biblically, the Christian’s goal is to glorify God in everything. That primary goal must not then be pre-empted amid the heat of athletic competition.

If a Christian school has an athletic program, it must never become a microcosm of society’s norms. It must never bring reproach upon the name of our Savior. Christian school athletics must be characterized by lawful striving in order to be that light to a dark world. There must be a difference!

Conference Statement of Faith

We believe that the Bible, both the Old and New Testaments, is verbally inspired of God, inerrant and our only rule in matters of faith and practice. We believe in creation (not evolution); that man was created by the direct act of God and in the image of God. We believe that Adam and Eve, in yielding to the temptation of Satan, became fallen creatures. We believe that all men are born in sin. We believe in the incarnation, virgin birth, and deity of our Lord and Savior, Jesus Christ. We believe in the vicarious and substitutionary atonement for the sins of mankind by the shedding of His blood on the cross. We believe in the resurrection of His body from the tomb, His ascension to Heaven, and that He is now our advocate. We believe that He is personally coming again. We believe in His power to save men from sin. We believe in the necessity of the new birth, and that this new birth is through the regeneration of the Holy Spirit. We believe that salvation is by grace through faith, plus nothing, minus nothing, in the atoning blood of our Lord and Savior, Jesus Christ.

We believe that this statement of faith is basic for Christian fellowship. All born-again men and women who sincerely accept it and are separated from the world of apostasy and sin can and should live together in peace. It is their Christian duty to promote harmony among believers.

MACSAC conference membership will not be afforded to those associated with, a member of, or in accord with the World Council of Churches, the National Council of Churches, or modern charismaticism or ecumenism.

Conference Objectives

- Through athletic competition, display Christian character as a testimony for the cause of the gospel of Jesus Christ.
- To encourage participation in athletics as an integral part of the educational program.
- To govern interscholastic athletics for boys and girls in grades 5-12 in its member schools by developing, enforcing and revising (as needed) a MACSAC Handbook, containing policies, rules, by-laws and procedures for the Conference participants.
- To develop Christian values in athletics and to promote Christian living through fair play.
- To achieve “whole athlete” development spiritually, physically, socially, emotionally and academically.
- To be knowledgeable regarding rules of sports and to be prepared to adapt them to the unique needs of MACSAC participants.
- To conduct post-season tournaments.
- To produce a champion team for each of the sports sponsored by the Conference.

Conference Identity

The name of the organization shall be the Maryland Association of Christian Schools Athletic Conference (MACSAC), herein referred to as MACSAC or the Conference. MACSAC was officially formed in September of 1976. MACSAC is an official organization sponsored and governed by the Maryland Association of Christian Schools (MACS). The executive board of MACS (comprised of

member pastors and administrators) recognizes this handbook as the official governing policies, rules, by-laws, and procedures of MACSAC.

Conference Membership Eligibility

Any member school of MACS is eligible to participate in MACSAC. Any non-MACS member school desiring to be a member of MACSAC must sign and agree to the New Member Contract and pay all applicable membership fees. Non-MACS member schools will be placed under new member probation. A vote will be taken after two full sports seasons to determine if the new school will become a full member. During this probationary period, a new member cannot vote on league matters. Annual membership fees are established by MACSAC and should be paid by member schools within 30 days of receiving their financial invoice.

Conference Organization and Government

Leadership, Committees and Duties

The MACS Executive Board shall appoint a MACSAC (Maryland Association of Christian Schools Athletic Conference) Director. His term shall be indefinite as per MACS Executive Board governance. The MACSAC Director may appoint an assistant director with MACS Executive Board approval.

The MACSAC Director shall preside at all meetings of the Conference and shall perform such other duties as the Conference may designate or the handbook authorizes. He will perform the duties of directing the Conference when not in session. In conjunction with the MACS Treasurer, he shall oversee the monies of the Conference, tracking income and expenses. A financial report shall be submitted to the membership at each MACSAC meeting. The Director shall be responsible for the administration of play-offs and tournaments. The MACSAC Director is responsible for the distribution of all season and post-season awards. The Director shall receive all referrals from member schools and direct them to the appropriate decision-making body. He shall serve as the chairman of the MACSAC Discipline Committee. If an assistant MACSAC director is approved by the MACS Executive Board and appointed, some of the above director responsibilities may be delegated to that individual.

The Secretary shall keep the minutes and records of the Conference, revise the MACSAC handbook annually, publish and distribute copies of the MACSAC handbook to all Conference member schools. The secretary shall serve as a member of the MACSAC Discipline Committee.

The MACSAC Discipline Committee shall be comprised of the athletic directors from each member school. Athletic directors from new member schools under new member probation may observe a disciplinary hearing but may not participate in the discipline committee. The MACSAC Director shall serve as the chairman of the discipline committee. The committee shall render judgment concerning any handbook violation accusation initiated by a member school. The referral process is outlined in the discipline section of this handbook. No committee member shall render judgment or vote on an issue that involves his own school.

Vacancies of any leadership position shall be filled by appointment from the MACS Executive Board. MACSAC leadership shall have general management of the affairs of the Conference in the interval between meetings and shall have the power to act on all matters not covered by this handbook. MACSAC leadership shall have jurisdiction in all appeals, protests, and questions of eligibility when the Conference is not in session or when the MACSAC Discipline Committee judgment has been appealed. The MACS executive director's vote will be sought when a tie vote results at the MACSAC leadership or MACSAC Discipline Committee level.

Organizational Policies

All MACSAC activities, policies, and procedures shall be administered by the Conference membership, consisting of one representative from each MACSAC member school. Robert's Rules of Order, revised, shall be used to conduct all business meetings. General business motions are approved by a majority vote. Voting on a motion can be conducted by phone or email voting, provided the action voted upon is written, signed by Conference members, and filed with the secretary. A quorum is defined as the Director and members who are present at the Conference meeting (provided that two weeks' notice of date, time, and location were provided to each member school). There shall be a minimum of three MACSAC meetings per year (fall, winter and spring). The Director may call special meetings (two weeks' notice must be provided to member schools).

Handbook deletions, revisions, or additions must be approved by 75% of MACSAC member schools at an official MACSAC meeting. The MACS executive board will annually approve the handbook (with revisions noted). The effective date for any handbook revision must be announced to each of the member schools. The secretary will annually revise the MACSAC handbook in accordance with MACSAC meeting minutes or business passed by a voting quorum. The revision and production of the handbook should be completed over the summer and copies made available for distribution to member schools by the fall MACSAC meeting. Policy and procedure changes occurring during the course of the school year will be written and distributed to member schools on paper until the revised handbooks are available.

Member Representatives

One representative from each member school shall attend each MACSAC meeting (notification of MACSAC meetings to the school administrator or athletic director shall be at least one week in advance of the meeting). While a member school may elect to send more than one representative to MACSAC meetings, the member school is limited to one vote during Conference business. Issues ending in tie votes shall be decided by the vote of the MACS executive director. Prayer shall open and close each MACSAC meeting. The secretary shall produce and distribute meeting minutes to all member schools within two weeks after a MACSAC meeting.

Conference Finances

Income shall include membership fees (assessed by the Conference) and excess tournament revenue (after expenses deducted). The MACSAC leadership shall determine post-season

tournament ticket prices. Expenses of the Conference shall be determined by the Conference. Expenses include cost of officials, awards, MACSAC leadership per diem, office expenses, etc.

Upon the dissolution of the Conference, the assets of the Conference shall be deposited in the MACS general fund. As a means of accomplishing its purposes, the Conference is authorized to receive and maintain funds of real or personal property, or both, to invest and reinvest the proceeds thereof, and in general and subject to limitations and conditions as are or may be prescribed by law, to exercise such other powers which hereafter may be conferred by laws upon the conference organized of the purposes herein above set forth, or necessary or incidental to the powers conferred, or conducive to the attainment of the purposes of the Conference.

Concussion Protocol

It is the responsibility of member schools to have a concussion plan on file in the case of any students showing signs/symptoms of a concussion. MACSAC recommends that all league coaches take the free online course “Concussion in Sports” at NFHSlearn.com.

Player Eligibility

Regarding homeschool and dually-enrolled athletes, upon the date of his/her enrollment, a homeschool or dually-enrolled athlete may participate in athletics at a member school under the following conditions:

- The homeschool athlete is enrolled in a member school’s homeschool umbrella that is registered with the MD (or other state) State Department of Education to supervise home instruction.
- The homeschool athlete is enrolled in a homeschool umbrella that is registered with the MD (or other state) State Department of Education to supervise home instruction that does not provide access to an athletics program. In this scenario the homeschool athlete may participate in a member school’s athletic program by being simultaneously (dually-) enrolled in at least one or more fulltime course(s) in the Christian school of the member school for the time spanning their athletic participation.
- A homeschool student who is dually-enrolled in both a declared member school’s homeschool umbrella (with an athletics program) and simultaneously at a member school (with an athletics program) for one or more courses may only participate in the member homeschool umbrella athletics program.
- A homeschool student who is dually-enrolled in a non-member homeschool umbrella (with an athletics program) and simultaneously at a member school (with an athletics program) for one or more courses must choose which athletic program he/she will participate in for the entire year (not sports season).
- Participation is limited to four years of Varsity competition upon entering the 9th grade for the first time.
- Any suspected or observed abuses to the policies aforementioned may be evaluated within the MACSAC leadership committee for potential discipline/restrictions imposed on the school/athletes in question. Abuses may include but are not limited to:
 - Recruiting of athletes from homeschool umbrella programs by offering enrollment into one or more courses in your school.
 - The offering of sports scholarships to athletes in homeschool umbrella programs in order to enroll said athletes into your school.

Eligible participants must be in good standing accordance with the behavioral and academic policies of the member school and are subject to other limitations prescribed in this handbook.

A student who has graduated from a secondary education program (domestic or foreign) is not eligible to participate in MACSAC competitions. All participating MACSAC athletes must have an up-to-date physical examination on record with their MACSAC school. The deliberate or inadvertent violation of the conditions student-athlete eligibility results in the forfeiture of all contests in which the ineligible student participated. The MACSAC Discipline Committee will render judgment, upon any member school's referral, regarding the eligibility status of a student-athlete.

Player Roster Submission

MACSAC schools will submit rosters to the MACSAC Director. The Final Roster of athletes for each sport in progress is to be submitted to the Director by 3 weeks before the MACSAC tournament. The Final Roster form can be found in the Appendices of this handbook under Appendix A. The Director will forward a complete duplicate set of Final Rosters to the host school for the MACSAC tournaments.

Age/Participation Limitations

An athlete who has attained his/her 19th birthday before September 1st of a given academic year is not eligible to participate in MACSAC competitions. An athlete who has attained his/her 19th birthday on or after September 1st of a given academic year may participate only on the varsity level for the length of that academic year. An athlete who has attained his/her 15th birthday before September 1st of a given academic year is not eligible to participate in MACSAC middle school competitions. An athlete who has attained his/her 15th birthday on or after September 1st of a given academic year may participate in MACSAC middle school athletics for the length of that academic year. Participation is limited to four years of varsity competition upon entering the 9th grade for the first time. An athlete may or may not play varsity seasons consecutively. A season begins at the team's first scheduled conference game.

MACSAC Varsity teams are to be made up of 9th-12th grade athletes. MACSAC permits member schools to utilize 7th and 8th grade athletes to fill a varsity team, but strongly advises against the use of 6th grade athletes. MACSAC JV teams are to be made up of 9th-11th grade athletes. MACSAC permits member schools to use 7th and 8th grade athletes to fill a JV team, but strongly advises against the use of 6th grade athletes. 12th grade athletes may be permitted to participate on a JV team upon review prior to the first conference game of the season. MACSAC Middle School teams are to be made up of 6th-8th grade athletes. MACSAC permits member schools to use 5th grade athletes to fill a middle school team, but strongly advises against use of 4th grade athletes.

Transgender students are not eligible to participate in the MACSAC league. We believe that God wonderfully and immutably creates each person as male or female. These two distinct, complementary genders together reflect the image and nature of God (Gen. 1:26-27). Rejection of one's biological sex is a rejection of the image of God within that person. Allowing transgender athletes to participate in league competition can create unfair competitive advantages and can undermine the goal of parity within the league.

All MACSAC teams are to be rostered according to their gender description. Boys teams (MS, JV, and Varsity) are to be rostered only by biological males. Girls teams (MS, JV, and Varsity) are to be rostered only by biological females. MACSAC does not allow for co-ed teams on any level.

Any athlete who is dually rostered on a Middle School, JV and/or Varsity team may not participate in more than three halves of soccer, five sets of volleyball, six quarters of basketball, or 11 innings of baseball on the same day (excludes overtime periods). Any appearance in a half of soccer, set of volleyball, quarter of basketball, or inning of baseball (regardless of the minutes played) counts as participation in that half, set, quarter, or inning. These dual rostered athletes may not be a consistent starter at the higher level.

A member school's deliberate or inadvertent violation of the conditions of a student athlete's age or participation limitations will result in the forfeiture of all contests in which the ineligible student athlete participated.

Note: We must enlist the assistance of coaches and athletic directors to ensure that the developmental spirit of middle school and JV programs is honored. The previously listed guidelines were adopted with this in mind. Individual schools are asked to keep the amount of participation of dual rostered players above reproach.

Student Transfers

Any student athlete transferring from one member-school to another member-school (migration) must sit out the sports season that is in effect when he/she transferred. Any student athlete transferring after the final roster deadline is not eligible to play in that sports season. Waivers for special cases (such as a geographical family move) may be filled out and directed to the Director of MACSAC for consideration. The Waiver Request for Student Transfer form can be found as Appendix B in the back of this handbook.

Recruiting/Athletic Scholarships

Recruiting between member schools is not tolerated. Schools that provide financial assistance and/or scholarships to student athletes for the purpose of athletics participation are ineligible to participate in any Conference sport or tournament.

Dual-Rostering

Student athletes who desire to be a member of two teams in the same sport in the same season are restricted according to the following guidelines:

- No student may be a member of a MACSAC varsity school team and at the same time be a member of another team who is playing a high school schedule in the same sport in the same season.
 - Example #1: A varsity male member of a MACSAC school soccer team **may not** be a member of a homeschool varsity soccer team that is playing a high school schedule in the same sport in the same season.

- Example #2: That same male soccer player **may be** a varsity member (individual school permitting) of a MACSAC team and also make a team commitment to a soccer club team that is not playing a high school schedule.
- Example #3: A varsity male member of a MACSAC school soccer team may also be a member (individual school permitting) of a varsity cross country team in the same season either from his own MACSAC school or another school/team that plays a high school schedule.
- Individual schools may make participation policies for their school that are more restrictive than the stated MACSAC policies (i.e., a MACSAC school may prohibit dual-rostering of any kind for its student athletes).

Amateur Status

Any MACSAC student athlete must be an amateur. As such, he/she may not receive, directly or indirectly, any salary, stipend, incentive, payment, award, gratuity, gift, educational expenses or expense allowance as a result of participation in any sport or sports team. To be eligible for college athletics, MACSAC athletes are required to adhere to the policies for avoiding “professionalism” as defined by the NCAA. In addition, no MACSAC athlete should use their name-image-likeness for financial gain.

Sportsmanship

Maintaining an optimal level of sportsmanship in MACSAC is a high priority. Starting with school administration, attitudes towards sportsmanship trickle down all the way to the spectators. Perhaps the most important individual in the hierarchy is the coach. The coach is directly responsible for his athletes' conduct. His control over parents and spectators is limited but essential. The school administrator and athletic director appropriately share the responsibility of spectator conduct. If the coach does not have "his/her own house in order" the entire athletic environment can quickly spiral out of control, and often does. MACSAC's expectations of behavior for coaches are higher than for the athlete or spectator. It only follows then that consequences for coach misconduct are more severe than for athlete misconduct. In the discipline section to follow, that precedent will be evident.

MACSAC member schools are expected to be proactive in the promotion of sportsmanship at their school. Following are a list of recommended activities for MACSAC members:

- Develop, publish, and promote a ministry philosophy of Christian school athletics.
- Develop, publish, and distribute a school athletic handbook to all athletes and parents.
- Have mandatory pre-season coaches meeting to give administration an opportunity to define school philosophy, policies, and procedures with regards to athletics.
- Utilize MACSAC Sportsmanship Rating Cards to allow official, umpires, referees to evaluate your school's coaches, players, and spectators at each MACSAC competition.
- Have student meetings explaining the philosophy and stating behavioral expectations.
- Have athlete meetings at the beginning of the season clearly instructing the school's position on athletics.
- Encourage each head coach to have a pre-season "Parents' Night" to provide an avenue to communicate school and program philosophy along with parental/spectator expectations.
- Award recognition to athletes and teams who demonstrate good sportsmanship.
- Encourage athlete participation in MACSAC events such as the Jamboree event and post-season all-star games.
- File a postseason report with MACSAC containing concrete and observable attempts to enhance sportsmanship at your school (due at conclusion of spring sports and see Appendix G).
- MACSAC will host a mandatory coaches meeting in the fall yearly coaching staffs (all sports) from each MACSAC school. Location, date, time TBA.

Discipline

Referral Process:

When a suspected handbook violation has occurred any member school administrator or athletic director may initiate a referral to the MACSAC Director. All referrals must utilize the MACSAC Referral Form (Appendix C) and be sent via mail, in-person, or electronically to the Director of MACSAC. Upon receiving the referral, the Director will determine if the referral should be sent to the MACSAC Discipline Committee, be handled at the MACSAC leadership level, or warrant a special meeting of MACSAC member school representatives. The MACSAC Referral Form contains the following minimal information:

Name of Person Reporting the Concern (AD or school administrator)

Name of School Reporting the Concern

Date of Referral

Description of the Concern (be exact and thorough with time, place, etc.)

Contact information for research and questioning

AD/Administrator Full Name

Office Phone, Cell Phone, Home Phone, e-mail address

When a judgment has been rendered, the MACSAC Director will return, in writing, that judgment to the referring school and involved schools' administrators or athletic directors. In turn, they should communicate the judgment to the appropriate school constituency. Referrals coming from any individual other than a member school AD or administrator will be directed back to the reporting school administrator or athletic director.

Member School Discipline:

Any school or team violating the policies/bylaws, rules, and regulations contained in the MACSAC Handbook may be suspended for a period of one year from the conference by a 75% vote of the other member schools. One-year suspension or other pertinent disciplinary action may be initiated by the Conference. A school or team that is suspended from MACSAC will automatically lose all membership privileges in the Conference effective on the date of the suspension. The suspended team does not have the privilege of participating in league play during this time. A suspended school or team can apply for reinstatement with full member privileges at the end of the one-year period.

MACSAC may opt to enforce alternative disciplinary action in lieu of suspension such as disciplinary probation. Schools or teams under disciplinary probation are full members that continue to play a full regular season schedule within the league but are not eligible to play in end of the season tournaments. Therefore, regular season games played by member schools with a league school that is under disciplinary probation will not count toward regular season standings or tournament seeding. Also, teams under disciplinary probation may not submit players to All-Conference teams. After the disciplinary probation period, a league vote may allow the offending school to be reinstated with full league privileges for the next sports season. The four main areas of concern for reinstatement are: sportsmanship (players, fans, coaches),

handbook violations, communication within the league (reporting scores, returning calls/emails, etc.), and attendance of league meetings (in September, December, March, and occasional special meetings).

Coach and Player Discipline:

The MACSAC Discipline Committee will hear, research, evaluate and render judgment regarding any concern initiated by a member school as related to handbook violations involving individual coaches or athletes from member schools. Handbook issues involving non-coach or non-athlete individuals (such as student body, parents, alumni, or other) must be referred to the MACSAC Director. He may elect to establish dialogue with the involved schools' administrators or athletic directors and handle it through consensus or he may seek judgment rendered at the MACSAC membership level as per the Member School Discipline paragraph previously stated. For example, an initiating school sends a referral to the MACSAC Director regarding abusive language heard coming from an athlete from another member school. This would be referred to the MACSAC Discipline Committee. Another example, a member school sends a referral regarding another member school that played rock music during a team warm-up. This referral, because of the non-coach/athlete nature of the concern would be referred to the Director who will either handle the matter with the schools involved or involve the leadership of MACSAC who may call a special meeting to bring the matter before the membership to be handled via the Member School Discipline policy.

MACSAC Sportsmanship Rating Cards:

All MACSAC schools must utilize the MACSAC Sportsmanship Rating Cards for all MACSAC competitions. These cards are distributed to the officials before any MACSAC contest and must be collected and mailed to the MACSAC Director within one day of the game's conclusion. The MACSAC Director will view the cards and levy penalties based upon the following criteria:

Coaches

- 1st unsatisfactory report in a season = call to school AD.
- 2nd unsatisfactory report in a season = written warning from MACSAC to school administrator.
- 3rd unsatisfactory report in a season = 1 game suspension of next MACSAC competition (carry over to next season if needed).
- 4th unsatisfactory report in a season = 2 game suspension of next MACSAC competitions (carry over to next season if needed).
- 5th unsatisfactory report in a season = suspension of coach for remainder of MACSAC competitions and the next entire season of that sport.

Players

- 1st unsatisfactory report in a season = call to school AD.
- 2nd unsatisfactory report in a season = call to school AD.
- 3rd unsatisfactory report in a season = written warning from MACSAC to school administrator.
- 4th unsatisfactory report in a season = referral to MACSAC Discipline Committee for judgment.

Spectators

- 1st unsatisfactory report in a season = call to school AD.
- 2nd unsatisfactory report in a season = call to school AD.
- 3rd unsatisfactory report in a season = written warning from MACSAC to school administrator.
- 4th unsatisfactory report in a season = referral to MACSAC leadership for judgment.

Special Note: The MACSAC Sportsmanship Rating Card system was developed and approved by MACSAC to hold ourselves accountable to high standards of sportsmanship. Schools who do not participate in the Rating Card process are subject to review and penalty as determined by the MACSAC leadership.

Ejection Rule for Coaches:

A coach who is ejected from any contest is suspended from the next three MACSAC competitions (regardless of the point in the season - will carry over to next season if necessary). Game official's decisions are final and binding. A coach who is ejected a 2nd time in a season or is ejected for physical or verbal abuse of a game official (1st time) will not be permitted to coach in any MACSAC competitions for the period of at least one complete calendar year. Verbal abuse is defined as profanity, vulgarity, or abusive speech that attacks the character or integrity of officials, players, or spectators. He/she may only return to coach in MACSAC with MACSAC review and approval. A coach returning to coach in MACSAC after a 1-year suspension will remain on probation for the next entire season.

Ejection Rule for Players:

A player who is ejected from any contest is suspended from the next MACSAC competition (regardless of the point in the season - will carry over to next season if necessary). Game officials' decisions are final and binding. A player who is ejected a 2nd time in a season will be suspended for the next three MACSAC competitions (regardless of the point in the season - will carry over to next season if necessary). A player who is ejected a 3rd time in a season will not be permitted to play in any MACSAC competitions for the period of at least one complete calendar year. Verbal abuse is defined as profanity, vulgarity, or abusive speech that attacks the character or integrity of officials, players, or spectators. A player who is ejected for verbal abuse (1st time) will be suspended for the next three MACSAC competitions. A player who is ejected a 2nd time for verbal

abuse will not be permitted to play in any MACSAC competitions for the period of at least one complete calendar year. A player ejected for physical abuse will not be permitted to play in any MACSAC competitions for the period of at least one complete calendar year. He/she may only return to play in MACSAC with MACSAC review and approval. A player returning to participate in MACSAC after a 1-year suspension will remain on probation for the entire season.

*Special soccer note: Yellow cards by their very nature are subject to interpretation and evaluation by schools and the MACSAC Discipline Committee. The two yellow card rule (soft red) does not fall under this ejection policy.

Appeal Process:

An appeal is an expression of disagreement of a judgment rendered by MACSAC Discipline Committee or other MACSAC judgment. No appeals will be entertained regarding official's evaluations on rating cards or ejections. Their judgment as the authority is final and binding. The MACSAC leadership and/or memberships' final decision regarding any appeal should be reviewed with the executive director of MACS before a final decision is made.

All appeals must utilize the MACSAC Appeal Form (Appendix D) and be sent via mail, in-person, or electronically to the Director of MACSAC. Upon receiving the appeal, the Director will determine the needed course of action to achieve a final answer. An appeal must contain the following minimal information:

Name of Person Offering an Appeal (AD or school administrator)

Name of School Appealing

What was the judgment of the MACSAC?

Reason for the appeal (be exact and thorough)

MACSAC response to the appeal (final)

Contact information for research and questioning

-AD/Administrator Full Name

-Office Phone, Cell Phone, Home Phone

-E-mail address

Appeals coming from any individual other than a member school AD or administrator will be disregarded by the MACSAC Director.

Report of Yellow Cards, Red Cards, Technical Fouls and Ejections

It is the responsibility of the coach/athletic director to report all yellow cards, red cards, technical fouls, and ejections to the MACSAC Director within 48 hours of the infraction. Appendix E (Reports of Yellow/Red Cards, Technical fouls, Ejections) should be filled out completely by the athletic director and forwarded within the 48-hour window (electronic submission is strongly recommended). The team receiving the card, technical, or ejection is responsible to file the report.

Coach Dress Code for MACSAC Competitions

Male coaches should dress in professional apparel for MACSAC competitions (ie., no blue jeans or ratty sweats). If shorts are worn (this is discouraged and not permitted for basketball or volleyball coaching), they should be to the knee and professional in appearance. Male coaches must have haircuts that reflect a conservative style (not over the ears or excessively long in the back or front). Body piercings of any kind are prohibited. Any existing tattoos should be covered by clothing or skin-toned covering/bandage.

Female coaches are expected to dress with modesty in mind. Skirts/dresses should be to the knee and not form-fitting. Slacks, if worn, should be loose fitting and professional in appearance (ie., no blue jeans or ratty sweats). If shorts are worn (this is discouraged and not permitted for basketball or volleyball coaching), they should be to the knee and professional in appearance. Body piercings other than the ears are prohibited. Any existing tattoos should be covered by clothing or skin-toned covering/bandage.

Player Dress Code for MACSAC Competitions

Male athletes must have haircuts that reflect a conservative style (not over the ears or excessively long in the back or front). Body piercings of any kind are prohibited. Any existing tattoos should be covered by clothing or skin-toned covering/bandage.

Female athletes are expected to dress with modesty in mind. Girls' shorts should have a 5-inch inseam or longer with spandex underneath that has a 7-inch or longer inseam that is of a solid matching or dark color. If the shorts themselves have a 7-inch or longer inseam, no spandex is necessary. Body piercings other than the ears are prohibited. Any existing tattoos should be covered by clothing or skin-toned covering/bandage.

Member Team Participation Requirement

It is assumed that MACSAC member schools will enter teams into all varsity sports seasons and sports. Lack of student interest in a particular sport or financial constraints are legitimate reasons not to enter a team in a given sport during a given season. Weakness of team is not a legitimate reason to not enter a team into a MACSAC varsity season. At their discretion, schools may or may not enter jv or middle school teams into MACSAC sports offered at that level.

Game Officials

All schools must use game officials sanctioned by the MACSAC for all home games. For all basketball officiating Interscholastic Athletic Association Board of Officials (IAABO) must be utilized for all MACSAC contests.

Season Start Dates/Game Limitations

Season start dates for each sports season are as follows: Fall – 8/1, Winter – 10/15, Spring – 2/15. The MACSAC respects the autonomy of each member school to decide the number of games played in each sport in a season.

Game Day Guidelines

Instrumental college fight songs are permitted for pre-game or halftime music for MACSAC competitions. Member schools should plan for crowd control. Please ensure that your facilities are safe, clean and comfortable. When possible, offer concessions stands for guests. Begin each contest with prayer and if possible, a statement regarding sportsmanship. Have entrances and restrooms clearly marked. It is recommended that host schools have first aid equipment and personnel on-site for all games. An administrator or athletic director should be present and available for all MACSAC games.

Playing Your Schedule

When schedules have been put into place, you are obligated to play your MACSAC schedule. In the event of game postponements, ADs should aggressively seek to reschedule the contest as soon as possible. Do not let non-conference games pre-empt the make-up of a MACSAC game. MACSAC schools should not schedule any league games after the Tuesday of the week before MACSAC tournaments for the purpose of seeding the tournaments before Wednesday and to allow room for make-up games before the tournament. Any MACSAC school, without due cause, who refuses to make up a regular season league game or play a scheduled tournament game will be assessed a fine of \$100.00 per game not played and will lose any home field/court advantage during postseason play as applied if they are the higher seed. MACSAC leadership or membership will render the final decision regarding fines for refusing to make-up a game or play the entire schedule.

Reporting Scores and Results

For all MACSAC contests (Varsity, JV, or Middle School) the home team must within 48 hours post results to MaxPreps or email or text results to Cheri Lefever. MACSAC Athletic Directors and

coaches may access MACSAC competition results on the MACSAC website: www.macsmid.org or by group email. Athletic directors must either hold their coaches accountable for this duty or take it upon themselves to call in the scores from home MACSAC competitions.

Postponing a Game

It is the responsibility of the home team to communicate with the visiting school that a game will be postponed. Impending weather, field conditions, and referee cancellation are just some scenarios that may require postponement. The host school should make the decision by no later than 1:00 PM and immediately communicate the decision to the visiting school. On rare occasions, the visiting school may have to postpone due to transportation issues or weather conditions that are affecting their region. In the event of any postponement, both schools should seek to reschedule the competition on the next available play date (even if it means canceling a non-conference contest).

Tournament Seeding Policies

In order to qualify for tournament play the following regular season guidelines will be followed:

Varsity Sports: Each Varsity MACSAC team is required to play each other at least once. MACSAC teams should alternate home and away games between opponents each season. When more than one game is played versus the same opponent, only the first game will count towards the league record. Each Varsity MACSAC Basketball team, however, is required to play each other at least twice. If more than two games are played versus the same opponent, then only the first two games will count toward the league record.

Junior Varsity Sports: Each Junior Varsity MACSAC team is required to play each other at least once. MACSAC teams should alternate home and away games between opponents each season. When more than one game is played versus the same opponent, only the first game will count towards the league record.

Middle School Sports: MACSAC Middle School teams are required to play at least half of the participating league teams during the regular season. All MACSAC Middle School teams are eligible for tournament play and will be seeded using the criteria below.

The following criteria will be used to determine seeding for all tournaments:

In a tie between 3 or more teams, after the first team is determined, go back to the top of the list to break any further ties.

- A. Both teams played complete MACSAC schedules. If this is the case, use the following criteria to determine the ranking:
1. Best record
 2. Head-to-head
 3. Number of overtime losses against tied teams (if 3 or more teams are tied)
 4. Point differential in games against tied teams
 5. Number of Away Game wins against tied teams
 6. Number of wins against teams higher in the MACSAC rankings
 7. Number of Away Game wins against teams higher in the MACSAC rankings
 8. Number of overtime losses against MACSAC teams higher in the rankings
 9. Point differential in games against MACSAC teams higher in the rankings
 10. Number of Away Game wins in MACSAC
 11. Number of overtime losses against MACSAC teams lower in the rankings
 12. Point differential in games against MACSAC teams lower in the rankings
 13. Coin flip

- B. One or more of potentially tied teams have not played a complete MACSAC schedule, but they have played head-to-head. If this is the case, use the following criteria to determine the ranking:
1. Best record in MACSAC games against common opponents (including head-to-head)
 2. Head-to-head
 3. Number of overtime losses against tied teams (if 3 or more teams are tied)
 4. Point differential in games against tied teams
 5. Number of Away Game wins against tied teams
 6. Number of wins against MACSAC common opponents higher in the rankings
 7. Number of Away Game wins against teams higher in the MACSAC rankings
 8. Number of overtime losses against MACSAC common opponents higher in the rankings
 9. Point differential in games against MACSAC common opponents higher in the rankings
 10. Number of overtime losses against MACSAC common opponents
 11. Number of Away Game wins against MACSAC common opponents
 12. Point differential in games against MACSAC common opponents
 13. Overall MACSAC winning percentage
 14. Coin flip

* NOTE * In a scenario in which teams were ranked (1) Calvary (2) Frederick after using "Criteria A," it is possible for Rosedale to be ranked ahead of Calvary and behind Frederick using "Criteria B." If this is the case, Calvary, Frederick, and Rosedale will be compared using "Criteria B" to determine if Rosedale will be placed 1st or 3rd. It is not possible for them to be placed 2nd.

- C. One or more of the potentially tied teams have not played head-to-head. (First, if there are more than two teams potentially tied and some of them have played head-to-head, use "Criteria B" to determine the higher seed among those teams before using "Criteria C" to rank the rest of the teams.) Use the following criteria:
1. Best record in MACSAC games against common opponents
 2. Number of wins against MACSAC common opponents higher in the rankings
 3. Number of Away Game wins against MACSAC common opponents higher in the rankings
 4. Number of overtime losses against MACSAC common opponents higher in the rankings
 5. Point differential in games against MACSAC common opponents higher in the rankings
 6. Number of overtime losses against MACSAC common opponents
 7. Point differential in games against MACSAC common opponents
 8. Number of Away Game wins against MACSAC common opponents
 9. Number of Away Game wins against all MACSAC opponents
 10. Overall MACSAC winning percentage
 11. Coin Flip

- D. One or more of the potentially tied teams have neither played head-to-head nor had any common MACSAC opponents. If this is the case, use the following criteria to determine the ranking:
1. The team who has beaten the highest ranked MACSAC opponent will be ranked higher.
 2. If neither team has a MACSAC win, the team that has lost to the lowest ranked MACSAC team will be ranked lower.

MACSAC Special Circumstances Facility/Field Usage

Some MACSAC schools are restricted to using or renting facilities other than their own. It is the responsibility of any MACSAC school that may have special circumstances regarding the use of facilities or fields to communicate that information to all MACSAC members in writing or in the meeting preceding the coming sports season. Special circumstances are not limited to but may include:

- Member school is renting a gymnasium or ball field and limited to a time window which they cannot exceed.
- Member school has little league dimensions for middle school baseball competition.
- Member school desires shorter distance pitching rubber for middle school baseball.
- Member school has facilities or fields that do not meet National Federation of High School standards (in this circumstance the host school who is not able to provide NFHS approved facilities must either provide such facilities, agree to play the varsity MACSAC contest at the opponent's facility, or establish agreement with the visiting school that they will play the competition at the site that does not meet the NFHS standard).

If special unforeseen circumstances arise during the sports season, the member school must communicate the special circumstance to the opposing team at least one day in advance of the contest. Failure to do so may result in forfeiting the contest (even if played).

Hosting a MACSAC Tournament

The MACSAC representatives in an official meeting will decide hosts for MACSAC tournaments. The host school athletic director along with MACSAC leadership will take responsibility to ensure that the following duties are performed:

- Have a responsible person collecting gate fees.
- Have a responsible person operating the score clock/scoreboard (when applicable).
- For soccer games, have two ball runners per field per game (one for each sideline).
- Have a table available for awards presentation.
- Produce a program with all participating tournament team rosters listed.
- Have visible brackets to publicize competition results.
- Secure and confirm all officials for the proper competition times.
- Upon deducting tournament expenses, forward excess revenue to the MACSAC Director (keep careful documentation and send with money).

- Tournament personnel expenses (not including officials) should not exceed \$50.00 for a one-day tournament and \$100.00 for a 2-day tournament.
- Send a copy of the referee bill to the MACSAC Director for school reimbursement.

Fees for all MACSAC tournaments shall be as follows:

Adults = \$4.00 Students = \$3.00 Family Max. = \$12.00

These fees are a per day (not tournament) rate. A hand stamp should be utilized to allow paying spectators to come and go from tournament sites for that day. Free admission is granted to MACSAC pastors, administrators, and athletic directors. Non-players who are performing functions directly related to the team (coaches, managers, book-keepers, etc.) are granted free admission.

1st, 2nd, and 3rd place trophies will be awarded for all varsity tournaments (assuming a consolation game) and 1st and 2nd place trophies will be awarded for all middle school tournaments.

All-Tournament Teams (medallions) will be awarded at the conclusion of any varsity championship tournament game. Coaches select their own players to the All-Tournament team based upon the following ratio:

Place Finish	Basketball/Volleyball 6 All-Tournament 1 MVP	Soccer 10 All-Tournament 1 MVP	Baseball 8 All-Tournament 1 MVP
1 st place	3 selections	4 selections	4 selections
2 nd place	2 selections	3 selections	3 selections
3 rd place	1 selection	2 selections	1 selection
4 th place	1 selection	2 selection	1 selection

MACSAC Tournament eligibility requires member schools to complete several responsibilities by published deadline dates:

- Rosters (remember Final Roster deadline).
- Inform the host school in writing what personnel are to receive free passes.
- Include current team w-l-t records in the program.
- Send your tournament fee (\$75.00 per varsity tournament, \$40.00 per middle school tournament).

Referee expenses are only reimbursed to host schools for consolation and championship games. The high seed host will cover costs of officials in the playoff games leading up to the final championship and consolation games. All excess revenues from MACSAC gate receipts (after officials and support personnel paid) should be forwarded to the MACSAC Director.

Tournament game times will be decided according to host site.

MACSAC Post-Season Awards

All-Conference:

MACSAC All-Conference awards are given for performance of varsity athletes within the regular MACSAC season schedule. At the end of each season, the head coach will select a maximum of five players from his roster to be nominated for All-Conference recognition. These nominations are submitted to the MACSAC Director by the prescribed deadline. All nominations are organized on a voting ballot per sport and distributed to the head coaches of that particular sport. Head coaches will then make selections based upon the directions on the ballot and return the ballot to the MACSAC Director by the prescribed deadline. Nominations and ballots will not be accepted after the prescribed deadline (that school forfeits the right to nominate or vote). From the returned ballots a 1st and 2nd team will be selected and announced at tournament time. Honorable mention will be awarded to athletes who receive votes but do not make the 1st or 2nd team.

All-Tournament:

The All-Tournament team will be selected directly by the coaches of those recognized athletes. The evaluation is based upon tournament (not regular season) performance. Based upon place of tournament finish, each coach will be granted a given number of All-Tournament slots to be awarded to the player(s) of his choosing. The Tournament MVP will be selected from the winning championship team by the coach of that team. All-Tournament and Tournament MVP awards will be presented at tournament time.

MACSAC Scholarship Recipients

Year	Female Recipient	Male Recipient
2005-2006	Bethany Hilton (Arlington Baptist)	Kevin Jerome (Arlington Baptist)
2006-2007	No Applications Submitted	Jon Grant (Harford Christian) Josh Moore (Calvary Baptist)
2007-2008	Rebekah Frazier (Granite Baptist)	Andrew Hilton (Arlington Baptist)
2008-2009	Abbey McManus (Harford Christian)	Richard Westerlund (Arlington Baptist)
2009-2010	Courtney Grant (Harford Christian)	Will Edwards (Harford Christian)

MACSAC Boys' Varsity Championship History

School Year	Boys' Varsity Soccer	Boys' Varsity Basketball	Boys' Varsity Baseball
1976-1977	Elkton Christian	Broadfording Christian	Broadfording Christian
1977-1978	Riverdale Baptist	Broadfording Christian	Riverdale Baptist
1978-1979	Heritage Academy	Riverdale Baptist	Broadfording Christian
1979-1980	Riverdale Baptist	Riverdale Baptist	Arlington Baptist
1980-1981	Riverdale Baptist	Arlington Baptist	Broadfording Christian
1981-1982	Elkton Christian	Arlington Baptist	Riverdale Baptist
1982-1983	Riverdale Baptist	Riverdale Baptist	Arlington Baptist
1983-1984	Harford Christian	Arlington Baptist	Harford Christian
1984-1985	Capitol Christian	Capitol Christian	Riverdale Baptist
1985-1986	Riverdale Baptist	Arlington Baptist	No Tournament
1986-1987	Frederick Christian	Capitol Christian	Harford Christian
1987-1988	Harford Christian	Harford Christian	Harford Christian
1988-1989	Harford Christian	Riverdale Baptist	Riverdale Baptist
1989-1990	Riverdale Baptist	Riverdale Baptist	Riverdale Baptist
1990-1991	Riverdale Baptist	Riverdale Baptist	No Tournament
1991-1992	Riverdale Baptist	Riverdale Baptist	No Tournament
1992-1993	Granite Baptist	Small Division – Clinton Christian Large Division - Harford Christian	No Tournament
1993-1994	Small Division- Large Division – Elkton Christian	Small Division-Granite Baptist Large Division – Harford Christian	No Tournament
1994-1995	Small Division- Large Division – Frederick Christian	Small Division-Granite Baptist Large Division - Harford Christian	No Tournament
1995-1996	Small Division- Large Division – Carroll Christian	Small Division- Broadfording Christian Large Division – Carroll Christian	No Tournament
1996-1997	Small Division- Faith of Salisbury Large Division – Carroll Christian	Small Division-Granite Baptist Large Division – Carroll Christian	Elkton Christian
1997-1998	Harford Christian	Small Division – Clinton Christian Large Division - Carroll Christian	Carroll Christian
1998-1999	Harford Christian		Elkton Christian
1999-2000	Elkton Christian		Carroll Christian
2000-2001			
2001-2002			
2002-2003	Granite Baptist	Granite Baptist	Granite Baptist
2003-2004	Chestertown Christian	Grace Bible Baptist	Calvary Baptist
2004-2005	Harford Christian	Capitol Christian	Calvary Baptist
2005-2006	Harford Christian	Clinton Christian	Perry Hall Christian

School Year	Boys' Varsity Soccer	Boys' Varsity Basketball	Boys' Varsity Baseball
2006-2007	Harford Christian	Capitol Christian	Perry Hall Christian
2007-2008	Calvary Baptist	Arlington Baptist	Harford Christian
2008-2009	Carroll Christian	Grace Bible Baptist	Harford Christian
2009-2010	Harford Christian	Grace Bible Baptist	Granite Baptist
2010-2011	Mount Airy Christian	Mount Airy Christian	Mount Airy Christian
2011-2012	Harford Christian	Granite Baptist	Carroll Christian
2012-2013	Harford Christian	Harford Christian	Harford Christian
2013-2014	Harford Christian	Harford Christian	No Tournament
2014-2015	Carroll Christian	Harford Christian	Harford Christian
2015-2016	Harford Christian	Harford Christian	Harford Christian
2016-2017	Carroll Christian	Granite Baptist	Harford Christian
2017-2018	Carroll Christian	Harford Christian	Carroll Christian
2018-2019	Carroll Christian	Frederick Christian	Carroll Christian
2019-2020	Carroll Christian	Carroll Christian	No Tournament
2020-2021	Carroll Christian	Frederick Christian	Carroll Christian
2021-2022	Carroll Christian	Rosedale Christian	Carroll Christian
2022-2023	Harford Christian	Frederick Christian	Carroll Christian

MACSAC Girls' Varsity Championship History

School Year	Girls' Varsity Volleyball	Girls' Varsity Basketball	Girls' Varsity Softball	Girls' Varsity Soccer	Girls' Cheerleading
1976-1977		Arlington Baptist	Arlington Baptist		
1977-1978		Broadfording Christian	Riverdale Baptist		
1978-1979		Broadfording Christian	Riverdale Baptist		Riverdale Baptist
1979-1980		Riverdale Baptist	Riverdale Baptist		
1980-1981		Riverdale Baptist	Riverdale Baptist		
1981-1982	Heritage Academy	Riverdale Baptist	Arlington Baptist		
1982-1983	Arlington Baptist	Harford Christian	Harford Christian		
1983-1984	Riverdale Baptist	Arlington Baptist	Riverdale Baptist		
1984-1985	Broadfording Christian	Arlington Baptist	Riverdale Baptist		
1985-1986	Arlington Baptist	Arlington Baptist	No Tournament		
1986-1987	Heritage Academy	Heritage Academy	No Tournament		
1987-1988	Calvary Christian	Calvary Christian	Carroll Christian		
1988-1989	Riverdale Baptist	Riverdale Baptist	Riverdale Baptist		
1989-1990	Riverdale Baptist	Riverdale Baptist	Harford Christian		
1990-1991	Carroll Christian	Harford Christian	No Tournament		
1991-1992		Harford Christian	No Tournament		
1992-1993		Harford Christian	No Tournament		
1993-1994		Harford Christian	No Tournament		
1994-1995	Granite Baptist	Riverdale Baptist	No Tournament		
1995-1996		Granite Baptist	No Tournament		
1996-1997		Riverdale Baptist		Harford Christian	
1997-1998	Carroll Christian	Small – Broadfording Large – Harford Christian	Elkton Christian	Harford Christian	
1998-1999		Harford Christian		Harford Christian	Harford Christian
1999-2000		Harford Christian		Harford Christian	Harford Christian
2000-2001		Carroll Christian		Harford Christian	Harford Christian
2001-2002		Harford Christian		Harford Christian	Harford Christian
2002-2003	Carroll Christian	Carroll Christian		Harford Christian	Harford Christian
2003-2004	Carroll Christian	Harford Christian		Harford Christian	Harford Christian
2004-2005	Carroll Christian	Carroll Christian		Harford Christian	Carroll Christian
2005-2006	Carroll Christian	Carroll Christian			Harford Christian
2006-2007	Carroll Christian	Carroll Christian		Harford Christian	Granite Baptist-Stunt Harford Christian-Spirit
2007-2008	Carroll Christian	Carroll Christian		Carroll Christian	Granite Baptist
2008-2009	Carroll Christian	A Conference – Carroll B Conference – Calvary		Harford Christian	Granite Baptist

School Year	Girls' Varsity Volleyball	Girls' Varsity Basketball	Girls' Varsity Softball	Girls' Varsity Soccer	Girls' Cheerleading
2009-2010	Carroll Christian	A Conference – Mt. Airy B Conference – Mt. Airy JV		Harford Christian	Mount Airy Christian
2010-2011	Carroll Christian	A Conference – Mt Airy B Conference – Mt Airy JV		Harford Christian	Rosedale Baptist
2011-2012	Carroll Christian	A Conference – Mount Airy B Conference – Arlington		Harford Christian	Stunt – Rosedale Baptist Spirit – Mount Airy
2012-2013	Carroll Christian	Carroll Christian		Harford Christian	Stunt – Rosedale Baptist Spirit – Mount Airy
2013-2014	Carroll Christian	Harford Christian		Harford Christian	Granite Baptist
2014-2015	Carroll Christian	Harford Christian		Harford Christian	Rosedale Baptist
2015-2016	Carroll Christian	Harford Christian		Harford Christian	Rosedale Baptist
2016-2017	Carroll Christian	Harford Christian		Harford Christian	
2017-2018	Carroll Christian	Carroll Christian		Harford Christian	
2018-2019	Carroll Christian	Carroll Christian		Carroll Christian	
2019-2020	Carroll Christian	Rosedale Baptist		No Tournament	
2020-2021	Rosedale Baptist	Rosedale Baptist		Rosedale Baptist	
2021-2022	Rosedale Christian	Rosedale Christian		Rosedale Christian	
2022-2023	Rosedale Christian	Carroll Christian		Rosedale Christian	

MACSAC Boys' Junior Varsity Championship History

School Year		Boys' Junior Varsity Basketball	
2008-2009		Grace Bible	
2009-2010		Mt. Airy	
2010-2011		Frederick Christian	
2011-2012		Mount Airy	
2012-2013		Harford Christian	
2013-2014		No Tournament	
2014-2015		No Tournament	
2015-2016		Frederick Christian	
2016-2017		Frederick Christian	
2017-2018		Frederick Christian	
2018-2019		Frederick Christian	
2019-2020		Frederick Christian	
2020-2021		Frederick Christian	
2021-2022		Harford Christian	
2022-2023		Frederick Christian	

MACSAC Girls' Junior Varsity Championship History

School Year		Girls' Junior Varsity Basketball	
2018-2019		Rosedale Baptist	
2019-2020		Rosedale Baptist	
2020-2021		Rosedale Baptist	
2021-2022		Rosedale Christian	
2022-2023		Redeemer Classical	

MACSAC Boys' Middle School Championship History

School Year	Boys' Middle School Soccer	Boys' Middle School Basketball	Boys' Middle School Baseball
2003-2004	Harford Christian	Grace Christian	Arlington Baptist
2004-2005	Harford Christian	Capitol Christian	
2005-2006	Harford Christian/Carroll Christian (co-champs)	Clinton Christian (?)	Carroll Christian
2006-2007	Harford Christian	Granite Baptist	
2007-2008	Grace Christian	Grace Christian	Harford Christian
2008-2009	Harford Christian	Harford Christian	Harford Christian
2009-2010	Harford Christian	Mount Airy Christian	Mount Airy Christian
2010-2011	Redeemer Classical	Mount Airy Christian	Harford Christian
2011-2012	Harford Christian	Grace Christian	Grace Christian
2012-2013	Harford Christian	Grace Christian	Mount Airy Christian
2013-2014	Harford Christian	Grace Christian	Harford Christian
2014-2015	Harford Christian	Harford Christian	Carroll Christian
2015-2016	Harford Christian	Frederick Christian	Carroll Christian
2016-2017	Frederick Christian	Frederick Christian	Carroll Christian
2017-2018	Carroll Christian	Forcey Christian	Carroll Christian
2018-2019	Harford Christian	Arlington Christian	No Tournament
2019-2020	Forcey Christian	Forcey Christian	
2020-2021	Rosedale Baptist	Rosedale Baptist	Rosedale Baptist
2021-2022	Carroll Christian	Rosedale Christian	Harford Christian
2022-2023	Carroll Christian	Rosedale Christian	Harford Christian

MACSAC Girls' Middle School Championship History

School Year	Girls' Middle School Volleyball	Girls' Middle School Basketball	Girls' Middle School Soccer
2002-2003		Harford Christian School	
2003-2004			
2004-2005			
2005-2006		Carroll Christian	
2006-2007			
2007-2008	Carroll Christian	Grace Christian (Bowie)	
2008-2009	Carroll Christian	Harford Christian	
2009-2010	Carroll Christian	Mt. Airy	
2010-2011	Redeemer Classical	Grace Christian (Bowie)	Harford Christian
2011-2012	Carroll Christian	Carroll Christian	Harford Christian
2012-2013	Carroll Christian	Harford Christian	Harford Christian
2013-2014	Carroll Christian	Grace Christian	Harford Christian
2014-2015	Harford Christian	Carroll Christian	No Tournament
2015-2016	Granite Baptist	Carroll Christian	No Tournament
2016-2017	Rosedale Baptist	Frederick Christian	Rosedale Baptist
2017-2018	Rosedale Baptist	Forcey Christian	Rosedale Baptist
2018-2019	Rosedale Baptist	Rosedale Baptist	Rosedale Baptist
2019-2020	Carroll Christian	Frederick Christian	
2020-2021	Harford Christian	Rosedale Baptist	Rosedale Baptist
2021-2022	Frederick Christian	Rosedale Christian	Rosedale Christian
2022-2023	Rosedale Christian	Rosedale Christian	Rosedale Christian

Individual Sports Guidelines

Unless otherwise denoted below, The National Federation of High School Athletics Association rules apply to all sports.

Boys' Varsity Soccer:

Regular and Post Season

- 40-minute halves
- When tied at the end of regulation, play 2 sudden victory overtime periods of 10 minutes each.
- If still tied, play penalty kicks to determine the winner.

Must have six or more participating regular season MACSAC teams in order to have a tournament consolation game.

Boys' Middle School Soccer:

Regular and Post-Season

- 30-minute halves
- When tied at the end of regulation play 2 sudden victory overtime periods of 5 minutes each.
- If still tied, play penalty kicks to determine the winner.

No tournament consolation game for middle school MACSAC.

Recommendation to limit training in heading to 30 minutes per week and no more than 20 headers per player, per week.

Girls' Varsity Volleyball:

- Matches consist of best three out of five.
- 1 official may be used in regular season play.
- Each school must provide 1 linesperson.
- 2 officials should be used for MACSAC tournament.
- Tie-breaker games played to 15.
- Uniforms: see "Dress Code" section on page 17.

Must have six or more participating regular season MACSAC teams in order to have a tournament consolation game.

Girls' Middle School Volleyball:

- Matches consist of best two out of three.
- 1 official may be used in regular season play.
- Each school must provide 1 linesperson.
- 2 officials should be used for MACSAC tournament.
- Tie-breaker games played to 15.
- Uniforms: see "dress code" section on page 17.

No tournament consolation game for middle school MACSAC.

Boys' Varsity Basketball:

- 8-minute quarters
- 30-second shot clock (regular season and tournament).
- No artificial noise makers by spectators.
- 35-point differential rule causing a running clock in the 4th quarter that stops only for injuries, timeouts, and free throws.

Must have six or more participating regular season MACSAC teams in order to have a tournament consolation game.

Boys' Junior Varsity Basketball:

- 7-minute quarters
- No shot clock (regular season and tournament).
- No artificial noise makers by spectators.
- 35-point differential rule causing a running clock in the 4th quarter that stops only for injuries, timeouts, and free throws.

No tournament consolation game for junior varsity MACSAC.

Boys' Middle School Basketball:

- 6-minute quarters
- No shot clock (regular season and tournament).
- No artificial noise makers by spectators.
- 35-point differential rule causing a running clock in the 4th quarter that stops only for injuries, timeouts, and free throws.

No tournament consolation game for middle school MACSAC.

Girls' Varsity Basketball:

- 8-minute quarters
- 30-second shot clock (regular season and tournament).
- No artificial noise makers by spectators.
- 35-point differential rule causing a running clock in the 4th quarter that stops only for injuries, timeouts, and free throws.
- Uniforms: see "dress code" section on page 17.

Must have six or more participating regular season MACSAC teams in order to have a tournament consolation game.

Girls' Junior Varsity Basketball:

- 7-minute quarters
- No shot clock (regular season and tournament).
- No artificial noise makers by spectators.
- 35-point differential rule causing a running clock in the 4th quarter that stops only for injuries, timeouts, and free throws.

No tournament consolation game for junior varsity MACSAC.

Girls' Middle School Basketball:

- 6-minute quarters
- No shot clock (regular season and tournament).
- No artificial noise makers by spectators.
- 35-point differential rule causing a running clock in the 4th quarter that stops only for injuries, timeouts, and free throws.
- Uniforms: see "dress code" section on page 17.

No tournament consolation game for middle school MACSAC.

Boys' Varsity Baseball:

- 7-inning games
- 10-run rule by the end of the 5th
- If a game is suspended during regular or post-season play, resume where the game left off. A game is complete after 5 innings for a regular season game, all 7 innings need to be played for a post-season game.

Must have six or more participating regular season MACSAC teams in order to have a tournament consolation game.

Boys' Middle School Baseball:

- Varsity pitching distance
- Designated Hitter (DH) and/or Extra Hitter (EH) decided between teams before game.
- Bat length/weight ratio will be the same as varsity (-3).
- 7 innings long, 10-run rule after 5 innings.
- No longer than 2 hours in length during the regular season.

No tournament consolation game for middle school MACSAC.

Girls' Varsity Soccer:

Regular and Post-Season

- 40-minute halves
- When tied at the end of regulation, play 2 sudden victory overtime periods of 10 minutes each.
- If still tied, play penalty kicks to determine the winner.

Must have six or more participating regular season MACSAC teams in order to have a tournament consolation game.

Girls' Middle School Soccer:

Regular and Post-Season

- 30-minute halves
- When tied at the end of regulation play 2 sudden victory overtime periods of 5 minutes each.
- If still tied, play penalty kicks to determine the winner.

No tournament consolation game for middle school MACSAC.

Recommendation to limit training in heading to 30 minutes per week and no more than 20 headers per player, per week.

Girls' Cheerleading:

Cheerleading parameters:

- Cheers should be neutral or positive and never antagonistic towards opposing coaches, players, or fans.
- Examples of derogatory cheers
 - Making noise during an opponent's free throw.
 - Cheers that single out opponent mistakes (walking, double dribble, fouling).
 - Deliberately distracting an opposing player while they are performing.
 - "Start the bus" chanted at a losing opponent at the end of a game.
- Cheers should avoid "pop culture" elements, songs, and phrases.
- Excessive hip movements and moves resembling dance are not permitted.

Apparel for non-stunting/non-tumbling squads:

- May wear skirts of modest length (at least close to the knee).
- Shorts past mid-thigh should be worn underneath all skirts.
- May wear pants of non-form-fitting material and not tight.
- Tops should be non-form-fitting and cover the mid-section when arms are raised.
- MACSAC reserves the right to judge appropriateness of fit.

Apparel for stunting/tumbling squads:

- Any cheerleader who stunts or tumbles must be in a skort.
 - Special exception – due to a possible safety issue, skirts to the knee with knee length bike shorts of the same color of the skirt may be worn for stunts that require climbing.
- Shorts past mid-thigh should be worn underneath all skorts.
- Tops should be non-form-fitting and cover the mid-section when arms are raised.
- MACSAC reserves the right to judge appropriateness of fit.

Stunting/Tumbling Parameters:

- Any MACSAC schools that instruct/permit stunting and tumbling must ensure that the instructors are certified by an authentic cheerleader association (e.g., AACCA, CCA, etc.).
- Stunting where the skort rides up the thigh is not permitted (heel stretches, scorpion, etc.).
- Stationary or standing stunts that cause the skort to ride up the thigh are not permitted (split stunts).

Tournament Competition:

- A stunt competition and a spirit competition will be offered to MACSAC schools who have cheer squads (squads may enter both).
- Any school that has a cheerleading squad active during the regular season is expected to enter the tournament competition in either the stunt and/or spirit category.
- The tournament competition will be scheduled between the boy's consolation basketball game and the girls' championship game.
- Qualified judges from outside MACSAC will be secured for competition judging.

****MACSAC CHEERLEADING COMPETITION GUIDELINES****

WHO CAN ENTER:

Any member school varsity cheerleading team. Members must be actively enrolled in the cheerleading program of the school and must have cheered in at least one-half of the games for which they were scheduled. JV cheerleaders may move up to varsity for the competition as long as they are active members of the JV cheer team and in grades 7-12. A cheer team is allowed to participate in the competition regardless of the status of their athletic team in the league tournament. Numbers will be drawn for the order of appearance at a coach's meeting just prior to beginning of competition.

SQUAD SIZE:

There must be a minimum of four and a maximum of twenty members on the cheer team.

UNIFORM:

All cheer uniforms must meet MACSAC standards as stated in the MACSAC handbook. Any squad who is in violation of the uniform standard will not be eligible to place.

TYPE OF COMPETITION:

Competition will consist of a 2 minute 30 second routine including at least one cheer and one sideline. A ten-point penalty will be assessed for going over the 2:30 time limit. A fifteen second grace period will be given before point deduction is given. A continuously flowing routine of a start/stop routine is acceptable; however, time begins when the first word of the first cheer of the routine is yelled and ends when the last word is cheered. "Spiriting" on and off the court does not count in the time limit. **NO MUSIC IS ALLOWED** in the routine. All material must be crowd oriented. This means appropriate and suitable for use in an actual ball game situation and of a nature that encourages and allows a crowd to respond by yelling with the cheerleaders or answering back when the cheerleaders indicate. Teams will not be judged by the loudness or size of their crowd of fans so as not to penalize smaller schools or those coming from greater distances. Instead, they will be judged on whether or not the material in their routine is actually suitable for crowd usage and encouraging to the crowd.

SAFETY:

AACCA Safety Rules apply in all divisions. You are **REQUIRED** to have a copy of the AACCA School Rules for the current year. You may find these rules at the AACCA website, www.aacca.org.

If your routine has safety infractions, you will be assessed a penalty of ten points for **MAJOR** safety infractions and five points for **MINOR** safety infractions (such as stepping on a sign or pom) in your routine. Also, please note that signs and poms may be used in your routine. These may

be handed or carefully dropped down on the floor after use. They may not be thrown or hurled in the air because of the danger of hitting and injuring others. They may be scooted across the floor or gently tossed to the front, back or sides away from other cheerleaders. You may not toss signs to the floor or across the room from a stunt after using them. This will be considered a minor safety infraction and five points will be deducted. Nothing may be thrown from the floor to the stands. See deduction sheet for other possible deductions.

SPIRIT COMPETITION STUNT/TUMBLING RULE:

For Spirit Competition Only:

There will be no stunts allowed in the Spirit competition and the only tumbling allowed are a cartwheel, roundoff and forward roll.

JUDGES:

Judges will be secured from the Christian Cheerleaders of America, will be impartial, and have expertise in cheerleading. They will not be connected with any participating school. Their decision will be final. Judges may have access to videotaping of the performance if desired to use in judging. There will be a separate timekeeper and if possible separate safety spotters. The head judge will tally the scores and give to the tournament director. Score sheets will be delivered to participating schools at the spring MACSAC Athletic Director's Meeting.

Member School Listing and Contact Information

Arlington Baptist School:

3030 N. Rolling Road
Baltimore, MD 21244
Phone: 410-655-9300
FAX: 410-496-3901
www.arlingtonbaptistschool.org
Administrator: Mr. Johnnie Whitehead
Athletic Director: Mr. Dakota Tharp
AD Cell: 636-584-2075
AD Email: dtharp@arlingtonbaptist.org

Calvary Baptist Church Academy:

407 Marley Station Road
Glen Burnie, MD 21060
Phone: 410-768-5324
FAX: 410-768-8260
www.cbcknights.org
Administrator: Mr. George Kirychuk
Athletic Director: Mr. Greg Miller
AD Cell: 720-530-3885
AD Email: adcalvaryknights@gmail.com

Carroll Christian School:

550 Baltimore Boulevard
Westminster, MD 21157
Phone: 410-876-3838
FAX: 410-876-1808
www.carrollchristian.com
Administrator: Mr. Todd Comstock
Athletic Director: Mr. Gavin Jennings
AD Cell: 443-789-4141
AD Email: gjennings@carrollchristian.com

Frederick Christian Academy:

6642 Carpenter Road
Frederick, MD 21703
Phone: 301-473-8990
FAX: 301-473-5701
www.fcamd.org
Administrator: Mr. David Lavoie
(MACSAC Director)
Admin Cell: 864-230-4038
Admin Email: dlavoie@fcamd.org
Athletic Director: Mr. Tyson Foshee
AD Cell: 480-241-3686
AD Email: tfoshee@fcamd.org

Harford Christian School:

1736 Whiteford Road
Darlington, MD 21034
Phone: 410-457-5103
FAX: 410-836-9749
www.harfordchristian.org
Administrator: Mr. Bryan Wilson
Athletic Director: Mr. Kyle Campanella
AD Cell: 443-752-4236
AD Email: kcampanella@harfordchristian.org
Asst. Athletic Director: Ann-Marie May
Asst. AD Cell: 808-428-3478
Asst. AD Email: amay2@harfordchristian.org

Redeemer Classical Christian School:

6415 Mt. Vista Road
Kingsville, MD 21087
Phone: 410-592-9625
www.rccs.org
Administrator: Mr. Glenn Fisher
Athletic Director: Mr. Joel McCracken
AD Cell: 410-937-2770
AD Email: joelmccracken@rccs.org

Rosedale Baptist School:

9202 Philadelphia Road
Rosedale, MD 21237
Phone: 410 - 687-6844
FAX: 410-687-1009
www.rbspanters.org
High School Principal: Jon Andrews
Middle School Principal: Nicole Anderson
Interim Athletic Director: Ms. Angela Cuocci
AD Cell: 443-865-0677
AD Email: acuocci@rosedalechristian.org

HOME TEAM MUST REPORT ALL
MACSAC CONTESTS
(INCLUDING NON-CONFERENCE
WHETHER HOME OR AWAY)
WITHIN 48 HOURS

MaxPreps.com

Any school failing to report a score, including non-conference, postponements and re-scheduled games within this time period, will be fined \$10.00 per violation.

www.macsmid.org/athletics-1/

MACSAC Waiver Request for Student Transfer

Submit to MACSAC Director

Athlete Full Name: _____

Date of Request: _____

School Departing From: _____

Reason for Leaving: _____

School Enrolling In: _____

Reason for Enrolling: _____

To the best of my knowledge the above written explanations of departure and enrollment are accurately described.

Receiving School Administrator's Signature: _____

Date: _____

Upon completion, this document should be forwarded to the MACSAC Director by the receiving school administrator or athletic director.

MACSAC Appeal Form

Submit to MACSAC Director

Name, title, position of person appealing: _____

Name of Appealing School: _____ Date of Appeal: _____

MACSAC decision being appealed: _____

Reason for Appeal (be exact and thorough):

*You may use an attachment if necessary

Final Decision of MACSAC: _____

Contact information for MACSAC Director:

Response made to (school administrator or AD name): _____

E-mail Address: _____

School Phone/Extension: _____

Cell/Home Phone: _____

MACSAC Report of Yellow/Red Cards, Technical Fouls, and Ejections

Submit to MACSAC Director

School Name: _____

Reporting Coach/Athletic Director: _____

Opponent: _____

Location of MACSAC Game: _____

Date of MACSAC Game: _____

Player Name	Uniform #	Grade Level	Description of Infraction

Comments or School Action Already Taken: _____

Submitted by: _____

MACSAC Tournament Report

Submit to MACSAC Director

Site: _____ Date: _____

Sports/Levels: _____

Financial Report:

Gate Receipts: _____

Officials and Assignor's fees: _____

Workers (gate/clock): _____

Total MACSAC profit: _____

Results:

Sport/Level: _____ 1st: _____

2nd: _____

3rd: _____

4th: _____

Sport/Level: _____ 1st: _____

2nd: _____

3rd: _____

4th: _____

Sport/Level: _____ 1st: _____

2nd: _____

3rd: _____

4th: _____

Sport/Level: _____ 1st: _____

2nd: _____

3rd: _____

4th: _____

MACSAC Varsity All-Tournament Team

Submit to MACSAC Director

Sport: _____

MVP: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

All Tournament: _____

Place Finish	Basketball/Volleyball 6 All-Tournament 1 MVP	Soccer 10 All-Tournament 1 MVP	Baseball 8 All-Tournament 1 MVP
1 st place	3 selections	4 selections	4 selections
2 nd place	2 selections	3 selections	3 selections
3 rd place	1 selection	2 selections	1 selection
4 th place	1 selection	2 selection	1 selection

Contract for Participation in MACSAC Tournaments

By signing this contract, our school agrees to abide by the eligibility criteria in the MACSAC handbook, which is summarized here:

- a. All competing schools agree with the MACSAC statement of faith, which states: We believe that the Bible, both the Old and New Testaments, is verbally inspired of God, inerrant and our only rule in matters of faith and practice. We believe in creation (not evolution); that man was created by the direct act of God and in the image of God. We believe that Adam and Eve, in yielding to the temptation of Satan, became fallen creatures. We believe that all men are born in sin. We believe in the incarnation, virgin birth, and deity of our Lord and Savior, Jesus Christ. We believe in the vicarious and substitutionary atonement for the sins of mankind by the shedding of His blood on the cross. We believe in the resurrection of His body from the tomb, His ascension to Heaven, and that He is now our advocate. We believe that He is personally coming again. We believe in His power to save men from sin. We believe in the necessity of the new birth, and that this new birth is through the regeneration of the Holy Spirit. We believe that salvation is by grace through faith, plus nothing, minus nothing, in the atoning blood of our Lord and Savior, Jesus Christ.

We believe that this statement of faith is basic for Christian fellowship and that all born-again men and women who sincerely accept it and are separated from the world of apostasy and sin can, and should live together in peace, and that it is their Christian duty to promote harmony among believers.

MACSAC conference membership will not be afforded to those associated with, a member of, or in accord with the World Council of Churches, the National Council of Churches, or modern charismaticism or ecumenism.

Transgender students are not eligible to participate in the MACSAC league. We believe that God wonderfully and immutably creates each person as male or female. These two distinct, complementary genders together reflect the image and nature of God (Gen. 1:26-27). Rejection of one's biological sex is a rejection of the image of God within that person. Allowing transgender athletes to participate in league competition can create unfair competitive advantages and can undermine the goal of parity within the league.

- b. All competing schools agree to abide by the following, but are not limited to: player eligibility, age/participation limitations, recruiting and transfer policies, game day and sportsmanship guidelines.
- c. All competing schools agree to the seeding/tournament format established by the league.
- d. All competing schools agree to play all scheduled games within the conference and scheduled by the league and will promptly submit team rosters and game scores.

Fee structure of the league is as follows: \$100 per varsity sport, and \$50 per middle school sport for non-MACS schools. Your school will be billed for these sports. Please indicate below which and how many teams your school will enter into MACSAC competition.

Middle School: _____

Varsity: _____

We, at _____ School/Academy, do agree to abide by the terms of this contract.

Administrator Signature: _____ Printed Name: _____

Athletic Director Signature: _____ Printed Name: _____

Title: _____ AD Email: _____

Cell Phone: _____ Office Phone: _____

Appendix H in MACSAC Handbook